

Solo Mators Solo Mator



Published by ASPE San Diego Chapter #4

January 2017 Volume 15, Issue 5

MEETING AT A GLANCE

DATE: TUESDAY, JANUARY 17, 2017

TIME: 5:15 PM—Registration

6:00 PM—Announcements

6:15 PM—Dinner Service Begins

7:00 PM—Program Begins

IN-HOUSE TALK:

TAKING THE MYTH OUT OF SOCIAL MEDIA

IN-HOUSE SPEAKER:

Steve Schraibman CPE - Arcor-Inc.

PROGRAM:

ESTIMATING RAINSCREEN SYSTEMS

MAIN SPEAKERS:

Matt Ford – Senior Vice President of Sales Universe Cladding Solutions

Erin Lindsay

Equitone fibre cement façade systems

DINNER LOCATION:

Riverwalk Golf Club

1150 Fashion Valley Road, San Diego (Mission Valley on north side of I-8 between Hotel Circle North and Friars Road)

COST: Members & Guests – \$40 per person Students (discount) – \$25

Cancellations must be received by NOON on Monday, January 16th or no shows will be billed accordingly.

RSVP: **@vite** http://evite.me/XhAzZ9dxSg

—OR: Paul Chang – Sundt Construction 619.321.4822 <u>aspechapter4@outlook.com</u>

Exterior Cladding Alternatives for Buildings

ne of the important considerations when preparing conceptual estimates often involves working with architects to arrive at the best solution for the exterior skin of a structure. That collaborative decision needs to conform to the design parameters, look aesthetically pleasing to the client, and meet the constraints of the budget. Composites offer design freedom from traditional building materials, with many unmatched characteristics that deserve proper evaluation by the project team. Composite cladding can be fabricated with various components to adhere to any desired style while providing a durable surface with lower weight. The structural support system for such exterior finishes will be influenced by the panel configurations and their weight per square foot of area.

The American Institute of Architects' Continuing Education System provides a Discovery Course entitled "Building the Cladding Palette: Panels, Rainscreens, and

(cont'd on pg 3)

INSIDE THIS ISSUE ...

January Program Notes
From Our President
Meet a Member of Your Chapter Board: Dan Luckhardt CPE 5
ASPE San Diego Education Seminar: "Pricing and
Negotiating Change Orders Like a Pro"
RCP's Keystone Seminar
Winter 2017 Online Construction Classes9-10
Become an ASPE Newsletter Sponsor or Advertiser 11
ASPE Membership, Mission Statement & Code of Ethics 11
San Diego Chapter Calendar of Events
2016-2017 Officers, Board of Directors, Committees 13
ATTACHMENTS:
Certified Project Management Series

Jertilled Project Management Series,	
presented by the SDC Institute	<u>14</u> -17
ASPE Certification Summary	18 -20

reetings to all! I hope you all had a wonderful Holiday!

At our December Breakfast Meeting, we again had Alan Nevin with the Xpera Group as our guest speaker. As always, his presentation was both entertaining and informative.

Membership Status:

As of the most recent Chapter Roster issued January, 2017 by SBO (Society Business Office), our membership stands at 60. Currently we have 24 members who are CPE's and one FCPE. As a reminder to all members, if you have changed jobs, are in-between jobs, retired or have had to relocate, please update



Michael Moyers, CPE

your status/contact information online at www.aspenational.org. You can also contact your Chapter Membership Chairman for assistance at freel@gmail.com.

For those of you who have thought of becoming more involved in our Chapter, we could really use the help. If you are interested, please contact me at 858.737.7316 or email me at michael.movers@bestinteriors.net.

New Members:

We have no new members at this time.

Upcoming Events:

Please read the rest of this issue for additional upcoming events and meetings!

Michael Moyers, CPE

President

ASPE San Diego Chapter #4

Page 2 January 2017

January Program Notes: "Exterior Cladding Alternatives for Buildings"

cont'd from pg 1

Veneers" which demonstrates the growing significance of designers having knowledge about façade systems. Their promotional information states the following thoughts:

"When it comes to cost, performance and aesthetics, not to mention maintenance and long-term resilience, the evaluation of cladding materials and façade systems is more complex than ever. As with any critical system of product, building teams must weigh pros and cons to arrive at the ideal wall assembly for any project. Expanded offerings in cladding panels, veneer products, and rainscreen systems make it easier to accommodate the varied use but also entail limitations."

Typical choices for façade systems include the following materials:

- Metal cladding insulated metal panels (IMPs), metal skin cladding, and composite metal panels
 Cost effective, relative light weight for transport and erection, relatively simple to support panels from
 substructure, allows sufficient cavity for insulation, known for longevity but problems can occur with jointing
 details to ensure airtight and watertight integrity.
- Exterior insulation and finish systems (EIFS)
 Cost effective, high performance where continuous insulation generates very good thermal values, direct shedding off exterior surface, drainage channels and water-resistant membrane help control water infiltration, and jointing details are once again paramount to a good installation. EIFS exteriors will require repainting or refinishing every 10 years.
- Rainscreen systems

The term "rainscreen" means different things to different people. AIA enclosure experts have weighed in on this discussion with these observations:

Rainscreen is the cladding layer that provides the first line of defense against water intrusion in a pressure-moderated assembly – a back-ventilated drained cavity wall assembly with the air cavity compartmentalized so air pressures between the exterior and air cavity are equal, controlling the force that causes water to move through an opening in the watershed layer.

Fiber-cement panels (FCPs)

Durable but methods of attachment and support are critical to longevity (panels are usually installed on wood battens or metal hat channels over a weather barrier on top of the sheathing material; the insulation to create the thermal barrier should occur over the sheathing). Appropriate flashing needs to be installed at every floor level which can detract from the overall appearance. Damaged panels are difficult to repair or replace.

High-pressure laminate panels (HCPs)

Performance depends upon method of attachment as well as proper air and water barriers. A dark-colored drainage plane sheet is necessary over the insulation in the drainage cavity to keep moisture from intruding into the insulation.

In recent years, construction enclosure experts have noted a shift from veneers to rainscreen systems. This change places more emphasis on the design, coordination, and construction of the back-up wall incorporating two-stage weather tightening with both air and vapor barriers.

Universe Cladding Solutions has been fabricating wall cladding panels for over 35 years. This firm is headquartered in Bridgeton, MO near St. Louis with plants also located in Edison, NJ and Las Vegas, NV. The company produces a wide range of products, including metal composite materials (MCM) such as Alpolic, Alucobond, Reynobond as well as Trespa Meteon phenolic resin panels. Universe also has developed a working relationship with Equitone fibre cement façade systems. Its mission statement highlights the firm's dedication to affording the best resource for transitioning manufacturer's sheet stock to exterior cladding on buildings with the ability to solve problems during

(cont'd on pg 4)

January Program Notes: "Exterior Cladding Alternatives for Buildings"

cont'd from pg 3

design and installation. Five specific examples entail customer service, design solutions to address attachment issues, industry experience with matchless technical guidance, embracing new technologies, expertise with specifications, code compliance, and testing standards.

Join members and guests to hear Universe Cladding Solutions' presentation on Tuesday, January 17, 2017, to kick off ASPE's programs for the new year. **Matt Ford**, Senior Vice President of Sales with Universe and **Erin Lindsay** with Equitone will be our speakers. The title of their address to our ASPE San Diego Chapter #4 group is "Estimating Rainscreen Systems" and will cover the following topics:

- 1. Rainscreen Basics and Equitone Fiber Cement
- 2. Takeoff of Rainscreen Panels
- 3. Impact of Wind Loads and Building Heights
- 4. Nesting/Optimization of Materials
- 5. How Components and Pieces Are Brought into the Summary Spreadsheet
- 6. Changing Systems (Concealed or Exposed Fasteners) for Voluntary Alternates
- 7. The Finished Quotation

Steve Schraibman CPE will also give a short talk on "Taking the Myth Out of Social Media."

Dinner Meeting Schedule: Registration – 5:15 PM

Announcements – 6:00 PM Dinner Service – 6:15 PM

Choice of Tri-Tip Beef, Salmon, Vegetarian Dish

Program – 7:00 PM

Venue: Riverwalk Golf Club

1150 Fashion Valley Road, San Diego

(Mission Valley, north of I-8 between Hotel Circle North and Friars Road)

Dinner Meeting Sponsor: To Be Determined

Cost: Dinner Meeting – \$40.00 per person;

Students discounted rate of \$25.00 per person

Click here to make your reservation through



... or go http://evite.me/XhAzZ9dxSg

Or contact Paul Chang at Sundt Construction to make your reservations.

Telephone: (619) 321-4822

Email: aspechapter4@outlook.com

Frank E. Young FCPE

ASPE San Diego Chapter #4 Programs Committee

Page 4 January 2017

Meet a Member of Your Chapter Board ... Focus on DANIEL LUCKHARDT, CPE Senior MEP Estimator O'Connor Construction Management

aniel Luckhardt has 30 years of experience within the field of construction cost estimating and construction management. He is passionate in understanding new technologies such as cost loaded models, net zero energy trends, and life cycle analytics. Daniel's professional experience primarily includes Pre-Construction Cost Estimating. As an experienced Senior Cost Estimator, specializing in the mechanical, electrical, plumbing (MEP), and utility infrastructure disciplines, Daniel understands managing project cost from conception through completion.



Daniel Luckhardt CPE

Daniel received his Bachelor of Science and his Master of Arts degrees in Industrial Education from Eastern Michigan University. His project experience includes

commercial, industrial, manufacturing, biotech/pharmaceutical and cGMP facilities, healthcare, correctional facilities, higher education, transportation, federal, waste water treatment, domestic water transportation, and heavy civil.

Daniel Luckhardt is employed by O'Connor Construction Management, Incorporated, www.ocmi.com, as a Senior MEP Cost Estimator. O'Connor Construction Management, Inc. is a valued leader of quality management solutions for the built environment that takes ownership of their clients' needs, and values their resources as their own. O'Connor was founded in 1982 as a cost consultancy for owners and design professionals, with offices throughout Southern California, (Irvine, San Diego) and Northern California (San Francisco, Oakland), Las Vegas, and Washington, DC. Over the past 34 years, O'Connor CM has broadened its scope of services to excel at every aspect of program, project, and construction management. O'Connor is a California Disabled Veteran Business Enterprise (DVBE) and a Service-Disabled Veteran-Owned Small Business (OCMI, LLC).

Daniel has been an active member of the American Society of Professional Estimators (ASPE) since 1990 and he is a 'Certified Professional Estimator' (CPE). He is also a two-time recipient of the 'Albert L. Vallin Estimator of the Year Award' for the American Society of Profession Estimator's local Chapter #4. He is currently serving on the ASPE Board of Directors as 'First Vice President.' In addition, Daniel has been an active member of the Association for the Advancement of Cost Engineering International (AACEI).

Daniel is also an Adjunct Professor at the NewSchool of Architecture + Design (NSA+D), where he has taught the CM 202 'Construction Estimating' course since 2011. The NewSchool of Architecture + Design, located in downtown San Diego, offers undergraduate and graduate degrees in Architecture and Construction Management programs.

Daniel can be contacted at 858.342.8017 or dluckhardt@ocmi.com.

Pricing and Negotiating Change Orders Like a Pro

Presented by the SDC Institute and ASPE San Diego Chapter #4





NATIONAL AWARD WINNER

Continuing Excellence in Construction Education Since 1994

Instructor: Anwar Hafeez is a nationally recognized and respected Civil Engineer and construction industry consultant who has personally supervised over \$1.4 billion in major construction projects. Mr. Hafeez has also successfully negotiated and settled over \$350 million in construction claims and change orders for SDC clients nationwide. His most notable projects include the San Diego Convention Center, Los Angeles Central Library, Los Angeles International Airport Expansion and Washington DC Subway System. To learn more about Mr. Hafeez please visit sdcassociates.com.







THIS SEMINAR TEACHES...

- · Learn How to Win Defective Documents, Conflicts, & Omissions and Ambiguities Every Time
- Learn the Art of Pricing Change orders
- How to Negotiate Change Orders
- · How to Price Inefficiency Costs:

Overtime / Excessive Change Orders / Learning Curve Learn to Calculate the Measured Mile Method

- Insider Tips on Developing Good Negotiation skills
- · How to Price Delay Costs Extended Field Overhead / Extended Home Office Overhead / Escalation of Labor, Materials & equipment
- Expert Pricing & Negotiating = More Profit and Cash Flow
- · 2 Interactive Case Studies

ASPE Member & Guest Fee is \$130 - \$105 if registered by 2/10/17

Full Time Students Fee is \$60.00 per person

Service Charge of \$3.00 will be added for payments made by credit card To Register by Phone call Paul Chang (619) 321-4822 or Email aspechapter4@outlook.com

Click here for agenda

SEMINAR SCHEDULE:

7:30 am Registration 8:00 am to 4:00 pm Seminar 4;00 pm - 4:30 om Q & A

(Seminar Includes Continental Breakfast, Lunch & Course Book)

DATE & LOCATION:

Friday, March 10, 2017 San Diego, CA

Pt. Loma Nazarene, Mission Valley Campus Rm. 207 4007 Camino del Rio South San Diego, CA 92108

ASPE	San	Diego	Chapter	#4
1101 -	Odil	Dicgo	Oliapici	11-1

Name:	Please List All Seminar Attendees:
Company:	
Address:	

Method of Payment: Fmail: ☐ Check Payable to ASPE San Diego Chapter #4 Phone: ☐ American Ex press ☐ Visa ☐ MasterCard Fax Credit Card #: CC Billing Address: Authorization Signature: Please list which Association you belong to: Exp. Date: CVV: Total:

SDC & Associates, Inc. | 10159 Mission Gorge Road Suite-C Santee, CA 92071

Phone: (800) SDC-3996 | Fax: (800) SDC-3997 | info@sdcassociates.com | www.sdcassociates.com

Pricing and Negotiating Change Orders Like a Pro

Presented by the SDC Institute and ASPE San Diego Chapter #4

07:30 a.m. - 08:00 a.m. - Registration 08:00 a.m. - 08:30 a.m.

Click here for flyer

I. Overview

- A. Definitions of Change Orders & Claims
- B. How to Recognize Change Orders
- C. Do Not Sign this Change Order Language

08:30 a.m. - 10:15 a.m.

II. Documentation of the Change Orders

- A. Places to Look for Change Orders
- B. Types of Change Orders
- C. Putting the Parties on Notice
- D. Making the Rules Work for You
- E. Documentation Protect Your Own Interest
- F. Cost Coding Made Easy

10:15 a.m. - 10:30 a.m. - Break

10: 30 a.m. - 11:30 a.m.

III. Pricing the Change Orders Like a Pro

- A. Don't Fall for Time & Material Not-to-Exceed Trap
- B. Correct Follow-Up Procedures
- C. Components of a Change Order
- D. Cost Pricing Like a Pro
 - a. How to Overcome Unfair Mark-Ups
 - b. More Details Not Less
 - c. How to Add in Indirect Costs
- E. Dwg & Spec Conflicts Interactive Pricing (Case Study No. 1)
- F. Detail and Install Rebar (Case Study No. 2)

11:30 a.m. - 12:30 p.m. - Lunch Break

12:30 p.m. – 01:00 p.m.

IV. Learn to Calculate Delay Costs

- A. Extended Field Overhead Costs
- B. Extended Home Office Overhead Costs
- C. Escalation Labor/Material/Equipment

01:00 p.m. - 01:30 p.m.\

V. Negotiations Dos and Don'ts

A. 12 Traits of a Great Negotiator

01:30 p.m. - 02:30 p.m.

VI. Learn to Calculate Disruption Costs

- A. Measuring Labor Productivity
- B. Excessive Change Order Inefficiency
- C. Measured Mile Inefficiency
 - a. Actual Problem Solving

02:30 p.m. - 02:45 p.m. - Break

02:45 p.m. - 04:00 p.m.

VII. Learn to Calculate Disruption Costs (Cont'd)

- A. Overtime Inefficiency
 - a. Weekly and Spot Overtime
 - b. Actual Problem Solving
 - c. Case Law
- B. Interactive Case Study No. 3
 - a. Piping Installation Changed Conditions
 - b. Class Evaluation of Negotiations

AGENDA



You Are Invited





Presented by Keystone Retaining Wall Systems LLC

CONTRACTOR

By: Steve Klotz, Region Manager

This seminar will include the following topics:

- ^o The Keystone System
- ^o Introduction to new face and color options
- Installation Guidelines
- Applications





ENGINEER

By: Dan Tix, P.E., Engineered Structures Technical Manager

Explore Unique Applications with Structural Segmental Retaining Walls

- Segmental Retaining Wall design requirements in Low Impact Development applications
 - Bio-Retention/Bio-Swales areas
 - Vegetated Swales
 - Permeable Pavement Parking Lots with Segmental Retaining Wall Support
- Specialty Applications using Segmental Retaiing Walls
 - Gravity Wall Applications

		Water Applications
Date:	Thursday, February 16, 2017	Thursday, February 16, 2017
Check-in: Seminar:	9:30 am 10:00-12:00pm	12:00 pm 1:00-3:00pm
Location:	Ramada Hotel 5550 Kearny Mesa Road San Diego, CA 92111 (858)278-0800	Lunch will be provided for all comings
Reg. Deadline: Registration:	February 13th \$20 Seminar Fee for 1 or both Sessions Fill out and return the registration below by mail or email, to: Craig Finch (cfinch@rcpblock.com) RCP Block & Brick 8240 Broadway Lemon Grove, CA 91945	attendees after Contractor session. CONTRACTOR Seminar ENGINEER Seminar BOTH Seminars Lunch YES NO
I will attend t Visa Credit Card #	ne Registration Form he Feb. 16th Engineering Seminar and have ir MasterCard Amex Check (payable	e to RCP Block & Brick)Exp.:
	Signature: Com	ıpany:
•		

Winter 2017 Online Construction Classes Start January 16th

The following article contains information about online construction courses offered at San Diego State University and selected non-profit construction industry organizations. **Classes start January 16, 2017.** Registrations are currently being accepted by all providers.

Registration options for Winter Semester 2017 classes include:

- * 101 Introduction to Construction Estimating
- * 102 Essential Construction Math
- * 103 Construction Blueprint Reading
- * 105 Estimating and Bidding 1
- * 106 Estimating and Bidding 2
- * 107 Construction Materials and Practices
- * 108 Construction Equipment and Methods
- * 114 Estimating Civil and Site Work Construction
- * 202S Oral and Written Communication (STP Unit 2)
- * 204P Contract Documents and Construction Law (STP Unit 4)
- * 205T Planning and Scheduling (STP Unit 3)
- * 305T Building Green Buildings: The Contractor's Perspective

101 INTRODUCTION TO CONSTRUCTION ESTIMATING (online)

Learn the basic principles of construction estimating. Topics to be studied include: organization of the estimate, types of estimates, elements of an estimate, quantity take-off techniques, pricing techniques, adjusting the estimate for a variety of variable factors, estimating labor, materials and equipment, and profit and overhead markups. Students will learn about the different types of estimates and how to organize an estimating document. This course will build a foundation of knowledge that the student will use while estimating virtually any individual trade or project type.

MORE ... http://www.constructionclasses.com/estcert/101 itce.htm

102 ESSENTIAL CONSTRUCTION MATH (online)

This class is intended to develop mathematical skills that can be applied to the construction trades through practice and application. This course is an introduction to other courses in construction. While this class is not a prerequisite for any other classes, it does provide a foundation for them.

MORE ... http://www.constructionclasses.com/estcert/102 math.htm

103 CONSTRUCTION BLUEPRINT READING (online)

Learn how to read architectural, structural, civil, mechanical and electrical blueprints. Students will practice looking up information and solving common construction problems by reading the blueprints. This course is designed to provide foundational knowledge and practice at reading blueprints.

MORE ... http://www.constructionclasses.com/blueprint/blueprint_syllabus.htm

105 ESTIMATING AND BIDDING 1 (online)

This course features hands-on estimating and quantity take-off activities associated with General Conditions, Earthwork, Site Work, Concrete and Masonry. By the end of this class, students should be able to estimate the cost of general conditions, prepare quantity take-off of excavation and backfill, prepare a quantity take-off of concrete and formwork, and use unit prices to price an estimate. MORE ... http://www.constructionclasses.com/estcert/eb1.htm

106 ESTIMATING AND BIDDING 2 (online)

This course features hands-on estimating and quantity take-off activities associated with Metals, Wood, Doors and Windows, Finishes, Electrical, and Mechanical Estimating. By the end of this class, students should be able to estimate the conceptual cost of structural metals, prepare quantity take-off and estimate of rough carpentry, prepare a quantity take-off of roofing and waterproofing, use unit prices to price doors and windows, prepare quantity take-off and estimate various finishes, prepare a quantity take-off and conceptual estimate of mechanical systems, and prepare a quantity take-off and conceptual estimate of electrical systems.

MORE ... http://www.constructionclasses.com/estcert/eb2.htm

(cont'd on pg F€)

107 CONSTRUCTION MATERIALS AND PRACTICES (online)

Learn about quality control procedures for various materials, material manufacturing processes, and the physical limitations of the materials being studied. The regulatory environment under which materials are manufactured and incorporated into new structures will be studied. MORE ... http://www.constructionclasses.com/estcert/107 mats.htm

108 CONSTRUCTION EQUIPMENT AND METHODS (online)

The purpose of this course is to give the student an overall understanding of construction equipment and selected construction methods. This includes selection, economy and productivity of common construction equipment and construction procedures for site development and industrial, heavy and civil construction. The course will introduce students to civil construction plans, determining earthwork quantities, equipment economics and utilization, equipment production rates, fundamentals of earthmoving and excavating, loading and hauling equipment.

MORE ... http://www.constructionclasses.com/css/descriptions/108.htm

114 ESTIMATING CIVIL AND SITE WORK CONSTRUCTION (online)

This course introduces students to estimating civil engineering, heavy construction projects, and site work construction projects. This course will cover reading and understanding civil construction plans, determining earthwork quantities, determining crew make-up, and fundamentals of estimating various civil and site work components. MORE ... http://www.constructionclasses.com/css/descriptions/114.htm

202S ORAL AND WRITTEN COMMUNICATIONS, STP 2 (online)

This course is designed to teach students how to become a more effective construction supervisor by becoming a more effective communicator. The skills learned within the course will be put to use right away!

MORE ... http://www.constructionclasses.com/css/descriptions/202S.htm

204P CONTRACT DOCUMENTS AND CONSTRUCTION LAW, STP 4 (online)

This course focuses on understanding the relationship between contract documents and the construction process. Students will explore contractual relationships, legal roles and responsibilities, contract types, legal issues including regulatory issues, liens, bonds, insurance, general conditions, and how standardized forms are used. Students will also study legal issues that often result in construction disputes including differing site conditions, time and schedule impacts, change orders and changed conditions. Students will also learn contract dispute resolution including negotiations, alternative dispute resolutions, and litigation of disputes.

MORE ... http://www.constructionclasses.com/css/descriptions/204P.htm

205T PLANNING AND SCHEDULING, STP 5 (online)

Students will learn how to plan, prepare and update construction project schedules in this course. Construction planning will be studied, as well as practice on preparing a project plan. Through the use of case studies, students will learn how to define construction activities, determine activity duration, and assemble the activities into a logical construction schedule. Students will also learn to create and use bar charts and critical path schedules.

MORE ... http://www.constructionclasses.com/css/descriptions/205T.htm

305 BUILDING GREEN BUILDINGS: THE CONTRACTOR'S PERSPECTIVE

This course will provide construction professionals with information that will help them to effectively bid, contract, build and close out green building projects. http://www.constructionclasses.com/pm/305 greenconst.htm

To learn more about online **CERTIFICATE PROGRAMS**, go to:

http://www.constructionclasses.com/certificate programs.htm

QUESTIONS? Send an email to Lisa Thibodeaux at <u>Lisa@ConstructionClasses.com</u> or visit the Frequently Asked Questions page at http://www.constructionclasses.com/fag_potential.htm. ■

Page 10 January 2017

Become an ASPE Newsletter Sponsor or Advertiser

\$350 CORPORATE SPONSORSHIP, includes:

- Sponsor Recognition in each of the 12 Monthly Newsletters
- Includes a Hot Link to Either Your Website or Email
- A Full-Page Sponsor Profile in 1 Issue

MONTHLY ADVERTISEMENT:

12 Mo. Issues — 1/4-Page Ad for \$450 OR

12 Mo. Issues – Business Card for \$200

EMPLOYMENT AD:

\$50 per month (FREE to ASPE Members)

FOR MORE INFORMATION:

Contact FRANK YOUNG, FCPE 619.980.4025 (cell) or pancho77@cox.net



ASPE MISSION STATEMENT

The American Society of Professional Estimators is dedicated to the promotion of the profession of estimating and to the benefit of the construction industry.

Click here for ASPE's CODE OF ETHICS.

ASPE Membership

n accurate cost estimate is the first of many key components of a successful construction project. Plan interpretation, labor and material costs, scheduling costs, and level of difficulty recognition are a fraction of the skills necessary to become a successful estimator.

Why join the American Society of Professional Estimators? ASPE is the most recognized and credentialed group of construction cost professionals in our nation's construction industry. ASPE provides education, industry information, and fellowship to all levels of our members. It is made up of professionals of several different classifications.

- -A- Estimator—shall have at least five years' experience as an estimator in one or more of the construction estimating disciplines.
- -B- Constructor—shall be an active construction professional experienced in one or more of the construction disciplines with at least 5 years' experience.
- -C- Associate Member—is a Member with less than 5 years of experience as an estimator or an active construction professional. When the Member achieves 5 years of experience, the Member shall be given one of the Member classifications listed above.

One of the ultimate goals of a member in ASPE is to achieve status as a "Certified Professional Estimator," otherwise know as "CPE." CPE status is recognized by Builders, Government Agencies, Developers, and many other Corporate entities as the highest level of qualification as an estimator. Educational training is available to become part of this elite group of professionals.

ASPE San Diego Chapter 4 is perennially recognized as one of the top chapters of the nation's 50 chapters. The local chapter meets on the third Tuesday of each month. This general membership meeting offers education and insight into our industry. Each membership meeting is highlighted by presentations and guest speakers, with information pertinent to our ever-changing industry.

If you would like to become part of this exciting group of professionals, please contact Michael Moyers CPE at 858.737.7316 (office) or 619.843.6962 (cell) or:

michael.movers@bestinteriors.net

San Diego Chapter #4 Calendar of Events



Click here for

flyer/reg. form

and agenda

Tuesday, January 17, 2017 (5:15 PM Registration)
 ASPE San Diego Monthly Dinner Meeting

Program: Estimating Rainscreen Systems

Speakers: Matt Ford

Senior Vice President of Sales Universe Cladding Solutions

Erin Lindsav

Equitone fibre cement façade systems

In-House Steve Schraibman, CPE

Speaker: Arcor, Inc.

Location: Riverwalk Golf Club

1150 Fashion Valley Rd, San Diego

Tuesday, January 24, 2017 (5:30-7:30 PM)
 ASPE San Diego Board of Directors' Meeting

Location: To be determined

Tuesday, February 21, 2017 (5:15 PM Registration)

ASPE San Diego Monthly Dinner Meeting

Tentative Estimating Challenges with **Program:** DDC Controls for MEP Systems

Speaker: To be determined In-House To be determined

Speaker:

Location: Riverwalk Golf Club

1150 Fashion Valley Rd, San Diego

Tuesday, February 28, 2017 (5:30-7:30 PM)
 ASPE San Diego Board of Directors' Meeting

Location: To be determined

Friday, March 10, 2017 (8:00 AM – 4:30 PM)

ASPE San Diego Education Seminar Presented by the SDC Institute

Program: "Pricing and Negotiating

Change Orders Like a Pro"

Speaker: Anwar Hafeez – President

SDC & Associates

Location: Pt Loma Nazarene

Mission Valley Campus

4007 Camino del Rio S., Room 207

San Diego

◆ Tuesday, March 21, 2017 (5:15 PM Registration)

ASPE San Diego Monthly Dinner Meeting

Tentative Ethics Program:

Program: How Market Conditions Impact the

Professional Estimator

Speaker: To be determined

In-House To be determined

Speaker:

Location: Riverwalk Golf Club

1150 Fashion Valley Rd, San Diego

Tuesday, March 28, 2017 (5:30-7:30 PM)

ASPE San Diego Board of Directors' Meeting

Location: To be determined

CONTACT ASPE

ASPE San Diego Chapter c/o Margy Ashby 127 N. Westwind Drive El Cajon, CA 92020-2955

Phone: 619.749.1890

Email: info@aspechapter4.org

Chapter

Website: http://www.aspechapter4.org

National

Website: http://www.aspenational.org

Page 12 January 2017

Directory of San Diego Chapter #4 Officers and Directors



info@aspechapter4.org

aspesd4@gasvcs.net

TECHNICAL COMMITTEES:

Certification:

John Balistreri, CPE Stephen Fisher, CPE

Education:

VACANT

Standards:

VACANT

STANDING COMMITTEES:

Chapter Awards

Frank Young, FCPE

National Awards

VACANT

Nominations:

VACANT

Communications—

Website:

John Balistreri, CPE Michael Moyers, CPE

Communications—

Newsletter:

John Balistreri, CPE

Finance:

Frank Young, FCPE

Executive

Administrator

Margy Ashby

Ways & Means:

David Luhm, E

Public Relations/

Calendar:

Steve Schraibman, CPE

Membership:

Michael Moyers, CPE

Programs:

Dan Luckhardt, CPE Frank Young, FCPE

OTHER COMMITTEES:

Ethics

Dan Luckhardt, CPE Frank Young, FCPE

Mentoring:

Frank Young, FCPE

Scholarships:

Dan Luckhardt, CPE

Telephone:

Paul Chang, E

2016-2017 Chapter Officers

Office	Officer	Phone	Fax	Email
President	Michael Moyers, CPE Best Interiors, Inc.	858.737.7316 619.843.6962-C	858.737.7317	michael.moyers@ bestinteriors.net
1 st Vice- President	Dan Luckhardt, CPE	619.633.8925		dluckhardt@ocmi.com
2 nd Vice- President	Steve Schraibman, CPE Arcor-Inc.	858.481.4494 619.252.4941-C	858.481.4146	steve@arcor-inc.com
3 rd Vice- President	VACANT			
Secretary	Fred Nagel, CPE Nagel Construction	619.647.1304-C		frednagel@gmail.com
Treasurer	Frank E. Young, FCPE CSOS Consulting	619.440.5517 619.980.4025-C	619.401.7545	pancho77@cox.net
Immediate Past President	Frank E. Young, FCPE CSOS Consulting	619.440.5517 619.980.4025-C	619.401.7545	pancho77@cox.net

2016 2017 Chamber Board of Directors

619.749.1890

619.593.9988

619.302.3257-C

619.839.3817

2016-2017 Chapter Board of Directors Director Phone Fax Email

 John Balistreri, CPE
 619.589.3080
 619.589.3192
 john.t.balistreri@kp.org

 Kaiser Permanente
 619.861.1131-C

 David Luhm, E
 858.278.3500 x519
 858.278.3510
 dluhm@alphamechanical.com

 Alpha Mechanical
 760.238.3355-C



Certified Project Management Series

PRESENTED BY THE SDC INSTITUTE

SDC & Associates, Inc.

NATIONAL ASSOCIATION AWARD WINNER

Essential Training For Construction Personnel

Instructor: Anwar Hafeez is an internationally recognized and respected Civil Engineer and construction industry consultant who has personally supervised over \$1.4 billion in major construction projects. Mr. Hafeez has also successfully negotiated and settled over \$350 million in construction claims and change orders for SDC clients worldwide. His most notable projects include the San Diego Convention Center, Los Angeles Central Library, Los Angeles International Airport Expansion and Washington DC Subway System. To learn more about Mr. Hafeez please visit sdcassociates.com.



Pre-construction Planning:

- How to review contract documents
- How to set up a winning RFI system
- · The 5 logs you must keep
- Identify the "Show Stoppers"
- How to set up a workable change order system
- Meetings the PM Must conduct on a weekly and monthly basis
- How to prevent or document design delays
- Why approval of your submittal doesn't let you off the hook

Sign-up Early!

Check

www.sdcassociates.com for dates and locations

Upcoming PM seminars:

- 2. Victorious Project Management
- 3. Basics of Change Orders and Claims
- 4. Scheduling for Management

Who Should Attend:

Company CEO's and CFO's, VP's, Architects, General Contractors, Sub Contractors, Owners, Developers, Project Managers, Construction Managers, Superintendents, Engineers, Attorneys, Public Works Officials, Lenders, Suppliers and other construction professionals providing goods or services to construction projects.

Limited Seating.

This is a 4 month series.

SEMINAR TIME:

8:00 am to 4:00 pm 7:30 am Registration (Includes Lunch & Course Book)

DATES & LOCATIONS:

Wednesday, February 8, 2017 Los Angeles, CA Embassy Suites by Hilton LAX 1440 E. Imperial Avenue El Segundo, CA 90245

Thursday, February 9, 2017 Orange County, CA Courtyard by Marriott John Wayne Airport 2701 Main St. Irvine, CA 92614

Friday, February 10, 2017 San Diego, CA Doubletree by Hilton 1515 Hotel Circle South San Diego, CA 92108

Attend ALL 4 Seminars For Only \$1,000.00

Register by Mail	, Fax, Phone or Internet		
Name:	Please List All Seminar Attendees:		
Company:			
Address:			
Email:	Method of Payment:		
Phone:	□ Check Please Make Checks Payable to SDC & Associates Inc. □ American Express □ Visa □ MasterCard		
Fax:	Credit Card #:		
CVV:	CC Billing Address:		
Authorization Signature:			
□ Los Angeles □ Orange County □ San Diego	Exp. Date: Total:		

SDC & Associates, Inc | 10159 Mission Gorge Road Suite-C Santee, CA 92071

Phone: (800) SDC-3996 | Fax: (800) SDC-3997 | info@sdcassociates.com | www.sdcassociates.com

CERTIFIED PROJECT MANAGEMENT SERIES

2/8/2017	LOS ANGELES	Session - 1
2/9/2017	ORANGE COUNTY	Session - 1
2/10/2017	SAN DIEGO	Session - 1
3/1/2017	LOS ANGELES	Session - 2
3/2/2017	ORANGE COUNTY	Session - 2
3/3/2017	SAN DIEGO	Session - 2
4/19/2017	LOS ANGELES	Session - 3
4/20/2017	ORANGE COUNTY	Session - 3
4/21/2017	SAN DIEGO	Session - 3
5/10/2017	LOS ANGELES	Session - 4
5/11/2017	ORANGE COUNTY	Session - 4
5/12/2017	SAN DIEGO	Session - 4

THE COMPLETE PROJECT MANAGER SERIES SYLLABUS

1. Pre-Construction Planning

Instructor: Anwar Hafeez

Instructor: Anwar Hafeez

- How to Review Contract Documents
- Identify the "Show-Stoppers"
- Checklist for Pre-Construction Planning
- Checklist for the Pre-Construction Meeting
- o Meetings the PM "MUST" conduct weekly and monthly
- How to Set up a Winning RFI System
- Why Construction = Business
- How to Set up a Workable Change Order System
- Pre-Planning for Differing Site Conditions
- o The Importance of Submittals & Shop Drawings
- Why Approval of Your Submittal Doesn't Let You Off the Hook
- o The 5 Logs you Must Keep
- o Using Computerized and Internet-Based PM Systems
- o The Spearin Doctorine
- How to Prevent or Document Design Delays
- o Planning for Dispute Resolution

2. Victorious Project Management

- o Differences between Design-Bid-Build project and a Design-Build project
- o What is the Role of the Construction Manager vs. Project Manager?
- o Traits of a Great Project Manager
- One Simple Rule to Solve Problems Easily
- o Basics of Bonding & Insurance
- The Nine Building Blocks to Project Success
- How to Conduct Great Meetings
- o Bad News: When should you Tell the Boss and the Customer?
- How Cost Measures Productivity
- o FAT Reduction Diet
- Time Management
- Advantages of Great Documentation
- Types of Documentation Required
- o Sample Documentation Forms

The Complete Project Manager Series Syllabus

3. How to Win the Fight: Change Orders and Claims

Instructor: Anwar Hafeez

Instructor: Anwar Hafeez

- o The Importance of Understanding the Change Order Process
- o Sources and Types of Change Orders and Claims
- o Difference between Bi-lateral and Uni-lateral Change Orders
- When NOT to Sign a Change Order
- o When should you do Extra Work for Free?
- What is a Request for Equitable Adjustment (REA)?
- o How you should Prepare an REA?
- o The Five Elements of an REA or a Claim
- Proving Entitlement (Merit)
- o Proving Quantum (Costs)
- o How to avoid the False Claim pitfalls?
- o How to Win Conflicts & Omissions in Plans & Specs every time
- How to Track and Document Delays
- Using the Measured Mile Formula in Calculating Inefficiency
- o How to Calculate Field Extended Overhead
- How to Calculate Home Office Extended Overhead

4. Scheduling for Management

- Bar Charts
- o Pitfalls of a "CHEAP" Bar Chart
- CSI Masterformat the 16 Divisions
- Work Breakdown Structure
- o "CYA": Smart Subs Submit Self-Serving Schedules
- How to Coordinate between Trades and the GC
- o When is an Activity Critical?
- How the Critical Path can Change Overnight
- How to Choose Scheduling Software
- Checklist of Steps to Preparing a Sound CPM Schedule
- o Who Owns Float?
- How to Use Two-Week Look-Ahead Schedules
- The Dangers of Using Two-Week Look-Aheads
- Why an updated CPM is your Crystal Ball
- Loaded CPMs: Cost, Labor, Resource
- Scheduling Tips & Tricks
- o How to use the CPM to Analyze the Impact of Delays
- Using Fragnets to Show Delays

ASPE Certification



Top 10 Reasons to Become ASPE Certified

Everybody knows that MD following an individual's name means Medical Doctor. And most people know that CPA signifies Certified Public Accountant. Associations and professions use certification to recognize qualified and competent individuals. The certification process is one of the single most important steps in career development. Here are the top ten reasons an estimating professional should consider becoming ASPE-Certified.

- 1. Certification grants you professional credentials.
- 2. Certification demonstrates your commitment to the industry and estimating profession.
- 3. Certification enhances the profession's image.
- 4. Certification reflects personal achievement.
- 5. Certification builds self-esteem.
- 6. Certification can improve career opportunities and advancement.
- 7. Certification may provide for greater earning potential.
- 8. Certification improves skills and knowledge.
- 9. Certification prepares you for greater on-the-job responsibilities.
- 10. Certification offers greater recognition from peers.



ASPE Certification

The Certification of Professional Estimators is an acknowledgment that you have met, and continue to meet, the criteria established for this designation as determined by the American Society of Professional Estimators (ASPE). Attaining this recognition requires continuing commitments to ethics, education, and employment. It is a commitment by the individual to the construction industry and to ASPE.

ASPE certification is the highest form of professional recognition an estimator can receive. Through its certification program, ASPE recognizes the estimating proficiency and ethical awareness of the Certified Professional Estimator (CPE).

CPE recognition is being sought and attained by an ever growing number of construction estimators each year. It is the only program of its kind to attest that a construction estimator has met the necessary educational and experience requirements and has the capabilities required of our profession.

With such diversity of backgrounds among estimators, the development of programs for both education and certification of professional construction estimators has been a demanding and rewarding process. For all the varied disciplines and levels of detail, the fundamental principles of construction cost estimating remain universally applicable. Beyond these fundamentals, however, the realms of varied disciplines make construction estimating one of the most unique challenging, and fulfilling professions an individual may pursue.

ASPE recognizes the fundamental estimating principles inherent to all types of construction estimating. Whether for general, mechanical, electrical, or specialty disciplines, or for an owner, designer or contracting firm, the estimator requires knowledge that is applicable in virtually all circumstances.

Each candidate seeking certification must meet five basic requirements.

- Experience-Minimum of Five Years
- Completion of Orientation Workshop
- Technical Writing Abilities
- Communication Skills
- Successful completion of Certification Examinations.

The Certification Committee then evaluates each of the criteria for conformance to the program.

ASPE has established that a CPE candidate must possess a minimum of five years of estimating experience in a specific discipline to be accepted into the certification program.

All candidates seeking certification must complete an orientation workshop. This workshop provides the candidate with an overview of the requirements and guidelines of the certification process.

Communication Skills and knowledge of estimating must be demonstrated to the Certification Board. This is done through the writing of a technical paper on a subject approved by the Board.

The certification exam is designed to evaluate the CPE candidate's overall knowledge of estimating. It includes quantities, contract terms and conditions, cost reporting, ethics, and other fundamentals of estimating. The exams consist of a General Estimating Knowledge Exam (GEK) and a Discipline Specific Test (DST). The DST concentrates on specific practices such as General Contracting, Mechanical, Electrical, Excavation, and Concrete estimating. Preparation for the exam is recommended. A candidate will not be notified of CPE status until all requirements of the certification process have been passed.

Once recognized as a CPE, the estimator will be expected to keep abreast of current trends and improved practices in the construction industry. Conformance is measured under the provisions of the Certification Renewal Program. This program requires renewal of certification every three years. See the Renewal Program Guidelines for further details.

Professional evaluation through certification is one of many ways the American Society of Professional Estimators endeavors to promote the profession and benefit the construction industry.